

10 ROLES OF FATHER AND MOTHER IN CHILDREN'S RIGHTS A PSYCHOLOGICAL PERSPECTIVE

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Abstract

The family is the smallest social unit in society. Although it is the smallest social unit of society, the role of the family, especially parents, is very important. In the modern era like today, for example, there are many phenomena regarding family problems in shaping the character of children. Parents' responsibility for children's education can be done by establishing cooperation in order to form children who have good character and personality in accordance with expectations. The purpose of writing this article is to explain clearly who has the full role and responsibility for the education of children in the family and explain the importance of educating and raising children through good cooperation. The method used in this paper uses qualitative methods with analytical and psychological descriptive approaches. This method is centered by reviewing some literature from several recognized sources that are relevant to the field being written. The results of this study through several sources revealed that fathers have roles and responsibilities for their children, so that the roles and responsibilities of fathers are the same as the role of mothers in nurturing and educating children in order to form children with good character and personality. The results of the second analysis show that the cooperation of fathers and mothers in caring for and educating children is very important and plays a large role in achieving goals. The higher the demands or expectations of parents on children, the higher the need for cooperation.

Keywords: Role, Custody, Psychology

A. INTRODUCTION

The family is a harmonious relationship that occurs intensively and the fulfillment of the function of needs both physically and psychologically which aims to develop the welfare of all family members in this case the father and mother are examples or models for children, parents have a very strong influence on children. Look at how parents pass their way of thinking to their children, parents are also the first mentors for children who build relationships and provide deep affection, either positive or negative which affects the development of the child's personality.

Development in childhood is a rapid period and there are changes in many aspects of development. Childhood experiences have a strong influence on subsequent development. Knowledge of children's development can help them develop themselves and find new experiences and be able to solve the problems they face through an understanding of the

factors that influence child development. For most children, the family environment is the core sphere of influence, then school and then society. The family is the first and foremost environment for children, therefore the position of the family in the development of the child's personality is very important.

For the success of a family in facing the changes that occur, family resilience is needed, which means a husband and wife and their children who are physically, economically, socially, and mentally healthy so that they are resilient and strong in facing upheavals, temptations, and challenges. from within and from outside.

The family is an institution that does play a role in laying the foundations of religious education. The habit of parents bringing their children to the mosque is a wise step from the family in an effort to form children as religious beings. And education in the family environment can ensure the emotional life of children to grow and develop. This emotional life is very important in the formation of a child's personality (Ihsan, 2011).

Each family member has their own role. Fathers and mothers have different roles in providing knowledge and teaching to children. Various cultures say that raising children is the mother's job. Therefore, whether the child's behavior is good or bad, or the child's socialization process, will really depend on how the mother takes care of her child.

The results showed that the closeness to the father was felt by 67.05% of girls more than 61.59% of boys. The closeness to the mother was felt by boys 88.1% more than girls 85.25%. The strong reason for the closeness to the father is because the father understands, loves, and guides. Strong reasons with mother because of understanding, loving, and accompanying. Mothers and fathers understand and love based on the role of fathers in the family called asih, fathers guide sharpening, and mothers accompany foster care. The form of closeness with father can be seen from activities that are informal and recreational, and with mother related to household tasks (Fatmasari, 2013).

According to F.J. Brown in Syamsu argues that from a sociological point of view, the family can be interpreted in two ways, namely a) in a broad sense, the family includes all parties related by blood or descent which can be compared to "clan"; b) in a narrow sense the family includes parents and children (Syamsu, 2006).

The relationship between mother and father that is seen and heard by the child also affects the growth of the child's personality. Parents who live in harmony, love and respect each other and love their children, are positive seeds that support the growth of religion in the child. (Daradjat, 2001).

From the description above, it seems that the family determines the development of the child's personality. However, nowadays not a few parents pay less attention to the balance between physical needs and the spiritual and spiritual needs of children. Parents are more

likely to pay attention to the physical needs of children than the need to educate their spiritual. Therefore, even though children really need education, from their fathers and mothers in the development of the child's personality.

Based on the above, the authors are very interested in researching further regarding the importance of the role of fathers and mothers in child custody, in terms of psychology for the development of the child's personality.

B. METHOD

The method in writing this article is a qualitative method, and a literature study with an analytical descriptive approach (Moleong, 2001). This paper also uses a psychological approach, so that there is a connection between the roles of fathers and mothers in terms of psychology

C. DISCUSSION

1. The Role of Fathers and Mothers in Parenting in the Family

Child development has always been a topic that never runs out to be discussed. The progress of all aspects that occur around human life is the goal to create children to become superior individuals. The first coaching or education that children receive is from parents in the family environment. The family is the first and foremost place and educational environment for a child, then the process of personality and character formation begins. Parents have an obligation to teach their children self-control, values, and social roles. Every value taught by both parents is expected to be a provision for a child to face and respond to life in the future. The social environment that is first known to children is the family environment which is the primary environment.

The family environment has various functions that can affect the process of forming a child's character and personality. As a primary education environment, parents have an important role in educating children. Everything that is in the family environment is an education for a child. All kinds of parental activities carried out in the family environment are a learning activity for children, both intentionally and unintentionally. This activity then helps the process of forming the child's character and personality. The reason is that when a child is in the family environment, everything he sees, hears, and feels will enter the thoughts and feelings which are then processed by the brain.

The results of such thoughts can ultimately have an influence on their later life, namely affecting the character and personality of the child. According to Widayanti, the best and most effective parenting is parenting done by parents, not housemaids. But in reality, in this modern era, not many parents take good care of their children for reasons of work that

requires a lot of time. Communication between fathers and mothers about children is reduced and many are left to housemaids. This poor cooperation then affects the child's behavior (Amalia, 2016).

There are several important roles of fathers and mothers in raising their children, among others:

1) Family Leader and Manager

The first important role of the father is to be the leader of the family. It can even be said that the father is the captain for the family, as well as a mother as a family manager who has the authority to regulate all things that happen in the family..

2) Family Protector

Another important role of fathers and mothers besides leading and managers is as a protector of their children, not only physically but also non-physically. Fathers and mothers must also be able to provide comfort and emotional and financial security in the form of livelihood and morals to all existing family members.

3) Provider of All Needs

The role of fathers and mothers must be able to meet all the needs of their children.

4) Giver of Love

Fathers and mothers must give love to their children, so that children feel cared for and loved wholeheartedly

5) Counselor in Religion

The important and main role of fathers and mothers is to be able to direct their families to the right learning and in accordance with the rules of the religion adopted. Father is a priest for his family, so it is his duty to guide his family to avoid bad behavior.

6) Motivator

The role of fathers and mothers as motivators is needed by children. Especially when the child has problems/difficulties.

7) Setting an Example

Children will not only imitate the character of their mother, but also can make their father figure as their role model in the future. The development and behavior of children will be greatly influenced by the people around them, including the father figure. So a father must be a role model for the child.

8) Payer

Not only mothers, fathers are also obliged to pay attention to their children. Even the father has an important role as a giver of attention. Both in the form of material, education, religion,

health, and emotional. Fathers must also be smart in dividing their attention to their children and their wives.

9) Teacher

The role of education for children is not only controlled by mothers. A father must also know how to properly educate his children. In addition, the father must also know how to meet the needs of the child and the things related to it.

10) Practicing self-discipline

Fathers also have an important role in training discipline. You can teach children about discipline starting at home. As explained earlier, the role of educators in the home is the duty of parents. And it is the father who plays a role in teaching about the meaning of discipline.

From the description above, it can be seen that fathers and mothers have the same role in the upbringing of their children so that both of them must understand and understand that children are a shared responsibility. This is supported by the results of research by Sears (2007) that in every process of growth and development, fathers and mothers have the task of nurturing and educating children. Furthermore, it is also explained in detail that parents must work together to observe and meet the needs of children according to their developmental age. This is what all parents must understand that children are a gift that must be taken care of as well as possible. Cooperation between father and mother is the most effective way to carry out these tasks.

2. Parenting by Father and Mother Psychological Perspective

The process of forming a child's personality will be achieved if the father and mother as parents can carry out their duties and roles properly. Between father and mother, a partnership is created in which father and mother have equal rights in managing the household, especially in nurturing and educating their children. The father, as the head of the family, has a dual role, namely as a breadwinner as well as a caregiver and educator for his child. A father has the same responsibilities and roles as a mother regarding the education provided to children in the family environment.

Fathers can provide education to children while they are still in the womb. Its form is to give love to the mother and provide stimulus to the baby in the womb through various ways. Even after being born, the father also still has a role that is as important as the role of the mother. Not only earning a living, but fathers are also protectors and caregivers of children (Susetyo, 2012).

Dewantara (1977) has gone far to think in terms of character education. Sharpening the intelligence of the mind is really good, because it can build good and solid character, so that it can manifest personality and character (a soul based on the law of kebatinan). If that happens, people will always be able to defeat their passions and their original natures

(ruthless, angry, short-tempered, miserly, hard, etc.). The above review can clearly explain the importance of education, especially the family, to form children with good character. Everything in the beginning started from the family environment, especially from father and mother (Dewantara, 1977).

The process of forming character and personality in a child is not easy to do, this certainly requires the cooperation of a father and mother. It's not enough just to be a mother or father, but both of them must work together to create the child they aspire to. The form of cooperation between father and mother can take various forms. The simplest example that many parents may not know about is cooperation in realizing goals, visions, and missions in shaping children's character. Long before realizing this goal, a father and mother are also obliged to sit side by side to communicate each goal to be achieved for the benefit of the children.

The purpose of communicating the vision, mission, and goals of nurturing and educating children is the basis for parents to work together to achieve things that have been mutually agreed upon. Cooperation means helping each other, facilitating, and complementing the duties and roles of a father and mother. Awareness is very necessary in carrying out this collaboration. Awareness of roles as parents, as wives, and as husbands. Parenting and educating methods that are carried out through collaboration will be easier and more enjoyable because they are carried out on the basis of the awareness of each individual as a parent.

An example of the smallest cooperation in the family in educating children is as follows. We know that the age of children only have 2 hours a day to watch television, so this must be known by the father and mother, and then they must work together to do it. It is not permissible for the father or mother to watch television in front of the child so that the child has more than 2 hours a day to watch television, if this happens then one of them is obliged to remind because this is a shared goal that has been agreed upon.

A Mount Everest law of cooperation theory states that "the higher the challenge, the higher the need for cooperation". This law can be adopted on the cooperation of parents in the family environment. Forming children who have good character and personality is not an easy thing to do, so this requires good cooperation, or in the law above it can be interpreted as a high challenge so that the cooperation of fathers and mothers is very important. Based on the research results of several experts.

Shapiro (2003) suggests that daughters' curiosity, interest in exploring, and ability to act independently can be stimulated by the involvement of fathers. This is because between fathers and mothers have different characters so that parenting activities are carried out differently. This difference is one of the factors that cause the importance of cooperation between fathers and mothers in raising and educating children. One example in a study conducted by McHale, Johnson, and Sinclair (in Santrock, 2007) explains that 4-year-olds

from families with low levels of cooperation and support in coparenting are more likely to experience difficulties in social adjustment than their classmates. they are on the playground. This is enough to prove that the role of fathers in raising children cannot be separated, meaning that both must support each other in the process of growth and development of the baby (Shapiro, 2003).

Lack of parental cooperation will affect the growth and development of children and have a negative impact on their lives. Several studies have shown that poor coordination, belittlement by parents, lack of cooperation and warmth, and disconnection from one parent are conditions that put children at risk for development. (Santrock, 2007).

Regular and active father involvement has a positive impact by reducing behavioral problems in boys and psychological problems in girls. In interaction activities with children, fathers have a different role from mothers. This is explained by Lamb (in Santrock, 2007) where "mother's interactions are centered on child care activities, such as feeding, changing diapers and bathing children, while father interactions are more likely to play activities.

Fathers are heavily involved in "enthusiastic" games such as swinging the child in the air, tickling etc. Mothers also play with children, but the types of games tend to be less physical and enthusiastic like fathers." Based on the research above, it can be seen that the father figure and the mother figure have the same task in educating and raising children, but both have different ways of carrying out these roles and tasks. Some of the explanations above have clearly proven that parental cooperation is very necessary. Fathers carry out their duties and roles as household leaders as well as caregivers and educators of children which are carried out in collaboration with mothers. It is hoped that from the results of their cooperation, a child with good character and personality can be realized.

D. CONCLUSION

Based on the above description of the role of fathers and mothers in childcare rights from a psychological perspective, it can be concluded as follows.

1. The role of fathers and mothers in child care provides a fairly positive picture in various aspects, both time, attention and interaction. Family roles describe a set of interpersonal behaviors, traits, activities related to individuals in certain positions and situations. The role of the individual in the family is based on the expectations and behavior patterns of the family, group, and society.
2. Parenting is done in the family environment is the responsibility of the father and mother. As parents, they have the same role and responsibility to manage all life in the family. Parents have an obligation to provide a good education in the family through the smallest things they often do. Giving a good example and directing every behavior of a child so that a child is formed who has good character and personality. In order to create children with good character and personality, parents need cooperation. This collaboration is built on the basis of the awareness of each

individual as a parent so that in carrying out their duties and roles, a father and mother can enjoy each other.

RECOMMENDATION

Suggestions that can be given regarding the results of the research above are::

1. For dad

The father figure in addition to being the head of the family, the father also plays an important role in the development of his child, both in terms of education, personality and affection and is not burdened with a mother.

2. For Mother

Mother as a manager in the family and the closest to the child, the mother must play an active role in educating, directing and developing the child's personality for the better. Not only charged to educational institutions or institutions

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