

## COMPLEMENTARY THERAPIES AND THE LEGACY OF PROPHET JOB IN INDONESIAN THERAPIES TRADITION

ASEP ACHMAD HIDAYAT<sup>1</sup>, SYOFIAH PRIBADI<sup>2</sup>, USMAN SUPENDI<sup>3</sup>, IDA SAMIDAH<sup>4</sup>,  
VU THI NGOC<sup>5</sup>, SUMARMI<sup>6</sup>

1,2,3 Universitas Islam Negeri Sunan Gunung Dajti Bandung, Indonesia

4 Universitas Muhammadiyah Bengkulu, Indonesia

5 Institusi: Hang Luong Company Ltd, Vietnam

6 Institusi: STIKES Tanawali Takalar, SulSel

Corresponding Email: [syofiah.pribadi76@gmail.com](mailto:syofiah.pribadi76@gmail.com)

### ABSTRACT

Complementary therapies have recently become increasingly popular in many countries. Likewise, Indonesian people's interest in complementary and traditional therapies is starting to increase. This can be seen from the large number of visitors to complementary therapy practices in various places. This study will reveal how complementary therapy, based on the story of the prophet Job As, as an alternative treatment in the form of hydrotherapy, foot stamping and maggot therapy. This study is a literature review that examines various information related to complementary therapies. The literature review in this study was obtained through a systematic search of computerized database (namely Google Scholar, PubMed, Ebscohost, and Proquest) by entering the keywords, 'Complementary Therapy, Hydrotherapy, Maggot Therapy, Foot beat therapy, and Treatment in the style of the Prophet Job As'. Based on the result of the literature review, it can be concluded that non-pharmacological complementary therapy is an alternative treatment method that is effective and has minimal side effects for various health problems. Hydrotherapy can be used for various age groups with various health complaints, ranging from autism, parkinson's to mothers who are about to give birth and other health problems. Meanwhile, Foot Stamping (HK) is used for various cardiovascular cases as well as other diseases. Maggot therapy is used as debridement therapy with the aim of removing dead tissue in cases of ulcerated wounds.

**Keywords:** Prophet Job, Hydrotherapy, Stamping Feet, Maggot, Biotherapy

### ABSTRAK

*Terapi komplementer akhir-akhir ini semakin menjadi perhatian di banyak negara. Demikian juga minat masyarakat Indonesia terhadap terapi komplementer ataupun yang masih tradisional mulai meningkat. Hal ini dapat dilihat dari banyaknya pengunjung praktek terapi komplementer di berbagai tempat. Studi ini akan mengungkap bagaimana terapi komplementer yang didasari dari kisah nabi Ayyub As sebagai pengobatan alternatif berupa hydroterapi, hentak kaki dan maggot therapy. Studi ini merupakan tinjauan literatur (literature review) yang mengkaji berbagai informasi terkait terapi komplementer dan kisah nabi Ayyub As sebagai dasar pengobatan alternatif. Tinjauan pustaka dalam kajian ini didapat melalui pencarian sistematis database terkomputerisasi, (yaitu google scholar, PubMed, Ebscohost, dan Proquest) dengan memasukkan kata kunci "terapi komplementer (Complementary therapy)" "Hydrotherapy" "Maggot Therapy" "Foot beat therapy" dan "Pengobatan ala Nabi Ayyub As". Berdasarkan hasil literature review, dapat disimpulkan bahwa terapi komplementer nonfarmakologi adalah suatu metode pengobatan alternatif yang efektif dan minimal efek samping pada berbagai masalah kesehatan dimana dalam tulisan ini dilandasi dari kisah nabi Ayyub As yang menggunakan air, hantaman kaki dan belatung sebagai media pengobatan sakitnya. Hydrotherapy dapat digunakan untuk berbagai kalangan usia dengan berbagai keluhan kesehatan, mulai dari*

*masalah autism, Parkinson ibu yang akan melahirkan juga masalah kesehatan lainnya. Sedangkan Hentak Kaki digunakan untuk berbagai kasus kardiovaskuler juga penyakit lainnya. Maggot terapi digunakan sebagai terapi debridement dengan tujuan mengangkat jaringan mati pada kasus luka borok.*

**Kata kunci:** *Nabi Ayyub As, Hydrotherapy, Hentak Kaki, Maggot, Biotherapy*

## **INTRODUCTION**

The world of medicine has always gone hand in hand with the life of mankind. As living beings, humans are very familiar with various kinds of mild and severe diseases. The desire to be free from all kinds of diseases is what drives humans to try to uncover various methods of treatment, ranging from consuming various types of plants singly or already composed, which are believed to be efficacious in curing certain types of diseases, or massaging systems, freezing to surgery and surgery. Everything was done by trial and error. Along with the development of human civilization, and along with the increasing heterogeneity of society's environment, agricultural technology, food production technology have experienced a sharp increase. The culture of consumerism and materialism leads humans to consume various types of food that are considered practical, delicious and varied. The general public is mostly unaware that food production can cause various diseases (Syamsuri, 2015).

Maintaining health is important in the teachings of Islam. Disruption of health problems makes a person unable to do his best in carrying out his obligations and humanitarian duties. Diseases contained in a person's body can affect the nervous organs, thoughts and feelings. Therefore, strengthening the body is very necessary in supporting one's daily activities. So that studying the science and methods related to health is felt very necessary to discuss it according to the views of the Qur'an and the hadith of the Prophet Muhammad PBUH. This is in accordance with the hadith of the Prophet Muhammad PBUH, "Every disease has a cure, if the cure of a disease is right, it will heal with the permission of Allah (Narrated by Muslim)".

Muslims should revive their belief in the various types of medicine and treatment taught by the Prophet Muhammad and other prophets the best method of dealing with various diseases. These include honey, black cumin, rose water, fruit vinegar, Zamzam water, dates and various other healthy foods and drinks. Treatments such as cupping, water treatment (hydrotherapy), foot stomping, quarantine system, ruqyah, use of maggots and others, as stated in the hadith: "Verily, Allah has sent down a disease and sent down a cure, and has provided a cure for every disease, so seek treatment, and do not seek treatment with anything haraam," (Narrated by Abu Daud). Complementary alternative therapies are a group of various systems of medicine, practices, treatments and products that are generally not part of conventional medicine (Potter et al., 2009). According to the World Health Organization (2023), countries in Africa, Asia, and Latin America use herbal medicine as a complement to the primary treatment they receive. In fact, still from the WHO report, in Africa as much as 80% of the population uses herbal medicine for primary treatment (World Health Organization, 2023). Even WHO recommends the use of traditional medicines including herbs in public health maintenance, prevention, and treatment of diseases, especially for chronic diseases, degenerative diseases, and cancer. WHO also supports efforts to improve the safety and efficacy of traditional medicine as an alternative to medical treatment. The results of the Basic Health Research (Riset Kesehatan Dasar) in



2018 noted that people who utilized traditional health services or complementary therapies were 31.4%, a slight increase compared to 2013 (30.4%). Basic Health Research 2018 states that 12.9% of people make their own complementary therapy efforts, namely making traditional concoctions, doing massage or acupressure without the help of traditional healers (complementary therapists), or therapists. This shows that the utilization of complementary therapy and the use of traditional medicine as alternative medicine is still quite widespread (Riset Kesehatan Dasar (Riskesdas), 2019).

Some types of alternative and complementary medicine that are widely used by most people are cupping, reflexology, acupressure and acupuncture, fracture experts, masseurs and the use of herbal medicines (Ministry of Health, 2007). Nowadays, many people are starting to be interested in complementary medicine. Some of the reasons why many people choose complementary medicine include complementary medicine using ingredients that do not contain chemical compounds so that they have no side effects, affordable costs, and the effectiveness of significant healing (Umar & Mukholishotin, 2015). Complementary therapies that are currently being developed include Hydrotherapy (alternative therapy with water media), foot stomping, or the use of maggot media as biotherapy or MDT (Maggot Debridement Therapy), all of which are based on the story and experience of Prophet Ayyoob when afflicted with disease.

Based on the story and experience of Prophet Job, there are a lot of educational values in it, such as the value of patience, fortitude and other educational values possessed by Prophet Job when he was given by Allah trials that came many times and the hardest trial he faced was when he got a skin disease for approximately 17 years so that he was expelled from his village and at that time the only one who faithfully accompanied him was his wife. From these trials he was always patient, steadfast, willing and sincere so that thanks to his patience, Allah lifted the disease he suffered. Regarding the patience of Prophet Job to lift the disease he suffered. Regarding the patience of Prophet Job, Allah explains in Surah Shad verses 41-44: "And remember Our servant Job, when he called to his Lord, 'Indeed, Satan has touched me with hardship and torment'. (So he was told), 'Strike (the ground) with your foot; this is a (spring for) a cool bath and drink'. And We granted him his family and a like (number) with them as a mercy from Us and a reminder for those of understanding. (We said), 'And take in your hand a bunch (of grass) and strike with it and do not break your oath.' Indeed, We found him patient, an excellent servant. Indeed, he was one repeatedly turning back (to Allah)."

The verse "this is a (spring for) a cool bath and drink" is then used as the basis of hydrotherapy, which is one of the alternative therapies that can be used by the community with the aim of curing diseases because it is cheap and easy to do, besides not using a lot of drugs or other chemicals. Water turns out to be able to provide treatment effects on various types of human diseases. A person with kidney stone disease, for example, is advised by doctors to consume lots of water. Dengue fever, diarrhea, high blood pressure, and other diseases are also advised to drink lots of water. Hydrotherapy is a medical term adopted to describe water as a treatment medium.

In addition to the water mention in Surah Shad verses 41 - 44 there is also the phrase "Strike (the ground) with your foot" which means that prophet Job stomped on the earth, he used one foot or two feet (Susanto, 2020). Another story of prophet Job

which is the basis of complementary therapy is when prophet Job suffered from a severe skin disease from head to toe where his body rotted and oozed pus, so that many worms (maggots) gnawed on his body. The story mentions that when prophet Job wanted to pray, the maggots were removed from his body, and when he finished praying, the maggots were put back on his body. After the maggots ate the rotten parts of his body, Prophet Job gradually recovered from his illness (Ramadani & Muzammil, 2023). This is what underlies the implementation of Debredement (removal of dead tissue) with the use of maggots (clean maggots). In this paper, the author will discuss the complementary therapy of hydrotherapy, foot stomping and maggot therapy as alternative treatments based on the story of prophet Job.

### **METHOD**

This study is a literature review that examines various information related to complementary therapy and the story of Prophet Job as the basis for alternative medicine. The literature review in this study was obtained through a systematic search of computerized databases (i.e. Google Scholar, PubMed, Ebscohost, and Proquest) by entering the keywords “Complementary therapy” “Hydrotherapy” “Maggot Therapy” “Foot beat therapy” and “Treatment ala Prophet Job”. Of the 50 journals searched by the author, the most relevant journals were 15 journals published in Indonesian and English between 1998 and 2022. The studies in the journals were conducted in Indonesia, Portugal, Australia and other countries using research designs such as quasi-experiments, comparative studies as well as literature studies. Other references include Health Profiles sourced from the official website of the Ministry of Health and WHO (World Health Organization) as well as from the Holy Quran and Sirah Nabawi (The Story of Prophets).

### **RESULT AND DISCUSSION**

In the Quran there are several verses that explain the story of Prophet Job. According to the book *al-Mu'jam al-Mufahros Li al-Fadli Qur'anil Karim*, on page 108, the name of Prophet Job is mentioned four times in the Qur'an. That is in Surah an-Nisa', Surah al-An'aam, Surah al-Anbiyaa, and Surah Shaad. Prophet Job is a Prophet and Messenger who became the best example in Islam through his story told in the Quran. The family name of Prophet Job is Job ibn Amous ibn Razih ibn al-Ish ibn Ishaq ibn Ibrahim As (Kathir, 2010).

Scholars of tafsir, history, and others state that Prophet Job was a wealthy man, possessing various types of wealth, ranging from livestock, slaves, animals, and land that stretched from Tsaniyah to Hauran (Ramadani & Muzammil, 2023). Ibn Asakir said that all these lands belonged to prophet Job. However, prophet Job was also tested by Allah with a lot of wealth, little by little taken by Allah. Not only with the loss of wealth, prophet Job was also tested with a chronic skin disease that no one had ever faced before. He then prayed to Allah that his illness would be healed by Allah. Allah says about the prayer of prophet Job in Surah Al Anbiya; “And [mention] Job, when he called to his Lord, ‘Indeed, adversity has touched me, and you are the Most Merciful of the merciful.’”



Thanks to the prayer of a patient Prophet Job, Allah granted his prayer immediately and finally the prophet Job recovered from the disease that befell him (Ramadani & Muzammil, 2023). Allah answered his prayer, "So We responded to him and removed what afflicted him of adversity. And We gave him [back] his family and the like thereof with them as a mercy from Us and a reminder for the worshippers [of Allah] (Al Anbiya 84).

### **Complementary Therapy as Alternative Treatment**

Alternative treatment is a non-conventional treatment aimed at improving the degree of public health which includes various efforts such as promotive, preventive, curative and rehabilitative (Satria, 2013). These efforts are obtained through structured education with high quality, safety and effectiveness based on biomedical science but have not been accepted in medicine in general. Alternative medicine is a form of health treatment that uses methods, tools, or materials that are not included in standard medical treatment. This treatment in the medical world is known as complementary and alternative medicines (CAMs). The alternative medicine in the medical world can be used as a complement or companion to medical treatment, and with certain considerations (Satria, 2013).

Complementary therapies, according to Andrew et.al, are traditional therapies given as a companion to modern medicine and has been believed for generations in society as one of the successful treatment (Andrews et al., 1999). Spiritual forces, soul power, positive energy, treatment with prayer, water media and treatment using herbs have developed and are believed to treat various diseases and are felt according to people's direct experience. A person using complementary therapies has several reasons. One reason is the holistic philosophy of complementary therapies, namely the existence of harmony within the self and health promotion in complementary therapies. Another reason is because the person wants to be involved in treatment decision-making and improve quality of life compared to before. A total of 82% of complementary therapy users reported adverse reactions from accepted conventional treatments that led to choosing complementary therapies (Snyder & Lindquist, 2002). There are invasive and non-invasive complementary therapies. The examples of invasive complementary therapies are acupuncture and cupping (wet cupping) which use needles in their treatment. While non-invasive types such as energy therapy (reiki, chikung, tai chi, prana, sound therapy), biological therapy (herbs, nutritional therapy, food combining, juice therapy, urine therapy, colon hydrotherapy and touch modality therapy; acupressure, baby massage, reflexology, reiki, rolfing), and other therapies (Hitchcock et al., 1999).

The National Center for Complementary/Alternative Medicine (NCCAM), according to Snyder and Lindquis, classifies various therapies and service systems into five categories. The first category, mind-body therapy, provides interventions with various techniques to facilitate thinking capacities that affect physical symptoms and body functions such as imagery, yoga, music therapy, prayer, journaling, biofeedback, humor, tai chi, and art therapy. The second category, Alternative systems of care, is healthcare systems that develop biomedical approaches of care different from the West e.g. traditional Chinese medicine, Ayurvedia, Native American medicine, cundarismo, homeopathy, naturopathy. The third category of the NCCAM classification is biological therapies, which are natural and biological practices and their products e.g. herbs, foods). The fourth category is manipulative and body systems therapies. These

therapies are based on manipulation and movement of the body such as chiropractic treatment, various massages, rolfing, light and color therapy, and hydrotherapy. Finally, energy therapies are therapies that focus on energy within the body (biofields) or bring in energy from outside the body such as touch therapies, touch medicine, reiki, external qi gong, magnetism (2002). This fifth category classification is usually made into one category in the form of a combination of biofield and bioelectromagnetic (Snyder & Lindquist, 2002). Other classifications according to Smith et al (2004) include lifestyle (holistic medicine, nutrition), botanical (homeopathy, herbs, aromatherapy); manipulative (chiropractic, acupressure & acupuncture, reflexology, massage); mind-body (meditation, guided imagery, biofeedback, color healing, hypnotherapy). The type of complementary therapy provided is in accordance with the indications needed. For example, touch therapy has several indications such as increasing relaxation, changing pain perception, reducing anxiety, accelerating healing, and increasing comfort in the dying process (Hitchcock et al., 1999).

### **Prophet Job's Experience Based Complementary Therapy**

#### **Hydrotherapy**

Hydrotherapy, previously known as hydrotherapy, is a method of treatment using water to treat or alleviate painful conditions and is a therapeutic method with a "lowtech" approach that relies on the body's responses to water (Lalage, 2015). Hydrotherapy is a form of exercise therapy using water modalities. The main basis for the use of water is the hydrostatic and hydrodynamic effects, scientifically, water has a physiological impact on the body and has many benefits including treating joint pain, cleaning organs, treating sore throats, relieving menstrual pain, relieving stress, treating stroke, lowering blood pressure and others (Hamidin, 2010).

The use of hydrotherapy in various diseases has been carried out through several studies, including those conducted by Jose Lopes (2019) from the University of Porto, Portugal which revealed that hydrotherapy can provide significant balance and mobility benefits in patients with Parkinson's disease compared to treatment and land-based exercises. Hydrotherapy was also given to children with autism with the result that hydrotherapy can improve the emotional and psychological well-being of children with autism spectrum disorders and can be considered a useful therapeutic option, either alone or in conjunction with other therapeutic modalities. Hydrotherapy can also be applied to mothers in labor to reduce anxiety. Siti Rochmaedah (2022) did this research and the results of her research showed that there was an effect of hydrotherapy (foot soak with warm water) on the level of anxiety facing labor in primigravida mothers in West Seram Utara District with a p value of  $0.001 < 0.05$ .

Water, as Susanto stated, is the most appropriate medium for injury recovery (Susanto, 2020). The buoyancy effect of water makes the body weight or load on the joint will be reduced. Warm water for treatment is hydrostatic and hydrodynamic effects. Scientifically, it has a physiological impact on the body, so warm water temperature will increase tissue flexibility. Warm water therapy has many benefits, namely blood flow becomes smooth due to the heat / warmth in the blood vessels, strengthening the muscles and ligaments that affect the joints of the body, reducing pain, increasing the ability to move, improving body shape, nourishing the heart and lungs, better respiratory circulation. That is what reduces pain and allows the results



of therapy to be obtained optimally. Meanwhile, Haris Moedjahid in his book *The Medical Hacker* says that if someone has done the foot stomping exercise, it should be followed by a cold shower and drinking cold water. This aims to get maximum benefits after the foot stomping exercise (Susanto, 2020).

Based on the story of Prophet Job in the Qur'an, Ath-Thabari interpreted, "Job stomped his foot and a spring appeared and he used it for bathing, then he walked for 40 cubits and stomped his foot (a second time) and a spring appeared and he drank from it." . In addition, Ibn Kathir said, "At that time Allah, who is very merciful, answered Job's prayer. Allah commanded him to strike the ground with his foot in place of sickness, so a spring appeared and Allah commanded Job to bathe in the water, which removed all sickness and afflictions from his body. Then Allah commanded him to strike the ground with his foot in another place, so Allah brought forth another spring and commanded Job to drink from it, so all the internal diseases disappeared and Job's recovery was complete."

### **Stomping Foot**

From the miracle of the verse Al Anbiya verse 42, a move emerged in the Pengobatan Akhir Zaman (End Times Medicine) called foot stomping. This method is very phenomenal because it has helped many people with various types of diseases. There are people who want to install a heart ring, failed surgery because only by practicing foot stomping healed (Pribadi et al., 2024). Based on research conducted by (1988) which states that footsteps and their interaction with hand movements are of great practical importance in the human body, the considerable sensitivity of foot performance to neurological disorders makes footstep assessment very interesting for the purpose of clinical neuropsychology or nervous system health.

In order to maintain the majesty of the Qur'an, the Urkudh Birijlik stance by Haris Moejahid was renamed (Stamping Foot Stomping). So that when there are shortcomings in the effectiveness of the foot stomp, people do not blame the Qur'an, but our weaknesses that have not been able to practice the Qur'an to the fullest (Susanto, 2020). Foot stomping began to be researched around 2016, then it continued to be researched until finally finding a foot stomp movement whose effect was very powerful and extraordinary. Therefore, you should not just imitate this foot stomping movement because it must be adjusted to the deviation of each body's skeletal system. And every person is different. This is all done after cognitive and therapeutic repair of the skeletal system.

### **Maggot Therapy**

For every large open wound, the medical team will perform a debridement procedure, which cleans the wound of necrotic tissue. Without this debridement, the wound will not heal and may even become a breeding ground for malignant bacteria, which in turn will lead to gangrene, a condition in which body tissue decays (Thyssen et al., 2011). From experience in the field, debridement performed by a medical team is not always accurate, sometimes there are healthy tissues that are scraped out and sometimes there are dead tissues that are still left unobserved. Based on some of these conditions, maggots or maggots have an 'advantage' in the healing process of ulcers, because these maggots will eat necrotic tissue completely and not 'touch' healthy tissue (Thyssen et al., 2011).



The history of healing large wounds with maggots goes back centuries. Mayan Indians and Aborigines in Australia have long practiced it. Even in the Renaissance, army doctors observed that a soldier's wound covered in maggots saved his life compared to a maggot-free wound (Baker, 2012). In World War I, there is a story of an orthopedic surgeon who treated the combat wounds of a soldier who had an open fracture of the thigh, gaping wounds on the abdomen and scrotum. To the astonishment of the doctor, despite the severity of the wounds, the soldier did not experience high fever (a sign of infection in the wounds). Only after undressing the soldier did the medical team see that there were 'thousands' of maggots infesting the wound. And to the amazement of the medical team, after the maggots were removed, there was a 'beautiful' pink flesh tissue, indicating that the wound was healing. Keep in mind, this case occurred during an era when open fractures were fatal in 75 to 80 percent of sufferers (Baker, 2012).

After Doctor Baer of Johns Hopkins University proved the efficacy of maggot treatment in patients with osteomyelitis (malignant infection of the bone) in 1929, the maggot therapy procedure (also called maggot debridement therapy or larval therapy) became a medical protocol for handling ulcers in osteomyelitis, abscesses, burns, sub-acute mastoiditis, and chronic empyema. It was only after World War II, when penicillin antibiotics were discovered, that this method of wound treatment with maggots was slowly abandoned (Baer, 2016). Based on the research conducted by Nashoro and Hoomand (2015), it shows that MDT (Maggot debridement therapy) can be a suitable pre-occupation measure for electrical wounds. Applying the procedures stated in this study may help healthcare professionals to use MDT for similar cases.

Nowadays, as more and more bacteria are resistant to antibiotics, this method of treatment with maggots has been revived. To perform maggot therapy, maggots are placed in the 'crater' of the wound and wrapped with a bandage in the form of a cage, so that the maggots do not wander around. The maggots are farmed from the green bottle fly. The dressing also needs to have a vent for the maggots to breathe. The maggots will feed on this dead, necrotic, tissue for two days after which they will be removed from the wound site. Generally, after two days, the maggots are so full and fat that they are not interested in eating anymore. If necessary, the feeding of maggots can be repeated according to the severity of the ulcer. People with diabetic ulcers can also benefit from maggot therapy. Generally, they have ulcers on their toes and lower limbs, which have to be amputated when the ulcers have decayed, gangrene. With maggot therapy, the hope of healing these foot ulcers becomes a reality.

## **CONCLUSION**

From the literature review, it can be concluded that Prophet Job was tested with a chronic skin disease that no one had ever faced before, but he was a patient and very obedient person, and he suffered from his illness for approximately 17 years. And after praying he received instructions to cure his illness by stomping his feet and a spring appeared and he used it to bathe, then he walked as far as 40 dhira' (cubits) and stomped his feet for the second time, so that a spring appeared, then he drank it. The story of Prophet Job is the basis for the implementation of hydrotherapy, which is a method of treatment using water to treat or alleviate painful conditions and is a therapeutic method with a "lowtech" approach that relies on the body's responses to water. Meanwhile, foot stomping is the basis of alternative medicine in the form of foot





stomping developed in Pengobatan Akhir Zaman (End Times Medicine), which is a method or move that is very phenomenal because it has helped humans with various types of diseases. And Maggot Biotherapy is the use of larvae or maggots in ulcers to remove dead tissue, necrotic, also called maggot debridement therapy or larval therapy. The story of Prophet Job in treating his illness is the basis and inspiration for complementary therapists to develop alternative treatments without chemicals that can be applied to various cases or health problems.

## BIBLIOGRAPHY

- Andrews, M., Cray, J. V., & Angone, K. M. (1999). *Nurse's Handbook of Alternative & Complementary Therapies*. Springhouse Corporation.
- Baer, W. S. (2016). The classic: The treatment of chronic osteomyelitis with the maggot (larva of the blow fly). *Clinical Orthopaedics & Related Research*, 469(4), 920–944. <https://doi.org/10.1007/s11999-010-1416-3>
- Baker, A. (2012). *Guidelines for The Use of Sterile Maggot Therapy in Wound Management*.
- Hamidin, A. S. (2010). *Keampuhan Terapi Air Putih*. MediaPressindo.
- Hitchcock, J. E., Schubert, P. E., & Thomas, S. A. (1999). *Community health nursing: Caring in action*. Delmar Pub.
- Kathir, A.-H. I. (2010). *Tafsir Al-qur'an Al-'azim*. Penerbit Dar Ibnul Jauzi.
- Lalage, Z. (2015). *Hidup Sehat Dengan Terapi Air*. Abata Press.
- Lopes, J. (2019, March 21). *Hydrotherapy Improves Balance, Mobility in Parkinson's Patients, Study Reports*. <https://Parkinsonsnewstoday.Com/News/Hydrotherapy-Improves-Balance-Mobility-in-Parkinsons-Patients-Study-Reports/>.
- Nasoori, A., & Hoomand, R. (2015). Maggot debridement therapy for an electrical burn injury with instructions for the use of *Lucilia sericata* larvae. *Journal of Wound Care*, 26(12), 734–741. <https://doi.org/10.12968/jowc.2017.26.12.734>
- Peters, M. (1988). Footedness: Asymmetries in foot preference and skill and neuropsychological assessment of foot movement. *Psychological Bulletin*, 103(2), 179–192. <https://doi.org/10.1037/0033-2909.103.2.179>
- Potter, P. A., Perry, A. G., Stockert, P., & Hall, A. (2009). *Fundamentals of nursing - E-Book*. Elsevier Health Sciences.
- Pribadi, S., Hidayat, A. A., Thohir, A., Samidah, I., & Nursalim, D. (2024). Haris Moejahid Pencetus Medical Hacking sebagai Pengobatan tanpa Obat dan Operasi. *Bulletin of Community Engagement*, 4(1).

- Ramadani, N. S., & Muzammil, I. (2023). Kisah Nabi Ayyub dalam Al-Quran dan Bible. *Mashadiruna: Jurnal Ilmu Al-Quran Dan Tafsir*, 2(3), 349–356.  
<https://doi.org/10.15575/mjiat.v2i3.28743>
- Riset Kesehatan Dasar (Riskesdas). (2019). Badan Penelitian dan Pengembangan Kesehatan Kementerian RI tahun 2019. [Www.Depkes.Go.Id](http://www.depkes.go.id).
- Rochmaedah, S., Soumokil, Y., & Serang, K. R. (2022). Pengaruh Senam Nifas Terhadap Kejadian Diastasis Rectus Abdominis Pada Ibu Post Partum Di Puskesmas Namrole Kab. Buru Selatan. *Jurnal Keperawatan Sisthana*, 1(3), 115–121.  
<https://doi.org/10.35872/jurkeb.v1i2i02.388>
- Satria, D. (2013). Complementary and Alternative Medicine (CAM): Fakta atau Janji? *Idea Nursing Journal*, IV(3).
- Smith, S. F., Duell, D., & (M.S.), B. M. (2004). *Clinical nursing skills: Basic to advanced skills*. Prentice Hall.
- Snyder, M., & Lindquist, R. (2002). *Complementary & alternative therapies in nursing (4th ed.)*. Springer Publishing Company.
- Susanto, A. A. (2020). *Haris Moejahid Sang Medical Hacker*. PAZ Publisher.
- Syamsuri, A. (2015). Pengobatan Alternatif Dalam Perspektif Hukum Islam. *Al Adalah*, XII(4).
- Thyssen, P. J., Nassu, M. P., Nitsche, M. J. T., & Leite, D. da S. (2011). Sterilization of immature blowflies (Calliphoridae) for use in larval therapy. *International Research Journal of Medicine and Medical Sciences*, 4(10).  
<https://doi.org/10.14303/jmms.2013.142>
- Umar, W. A., & Mukholishotin, L. (2015). Sembuh Dengan Satu Titik 2 Bekam 7 Untuk Penyakit Kronis. *Thibbia*.
- World Health Organization. (2023). Traditional Medicine. <https://www.who.int/>.